

# Hépatite C

## Problème de santé publique

- 170 M dans Monde
- 3% population mondiale
- 1 M nouveaux cas/an
- 3 M aux US / 300 000 France
- . . . .

## Evolution

- Cirrhose
- Hépatocarcinome
- . . . .

## Traitement

- Interféron  $\alpha$  pégylé (pegIFN)
- Ribavirine
- 48 semaines: Génotype HCV 1 et 4
- 24 semaines: Génotype HCV 2 et 3

## Coût

- Effets indésirables:
- Troubles dépressifs
  - Thrombopénie, anémie
  - . . . .

**Génotype 2**  
**Génotype 3**  
**70 – 90 %**

**Génotype 1** ( ++ pays industrialisés )  
**Génotype 4**  
**< 50 %**

## Variabilité Interindividuelle +++

- Age
- Sexe
- Origine ethnique
- Facteurs de co-morbidité
- Fibrose hépatique
- Charge virale initiale
- Evolution charge virale (cours TRT)
- Statut génétique des patients ++++
- . . . .

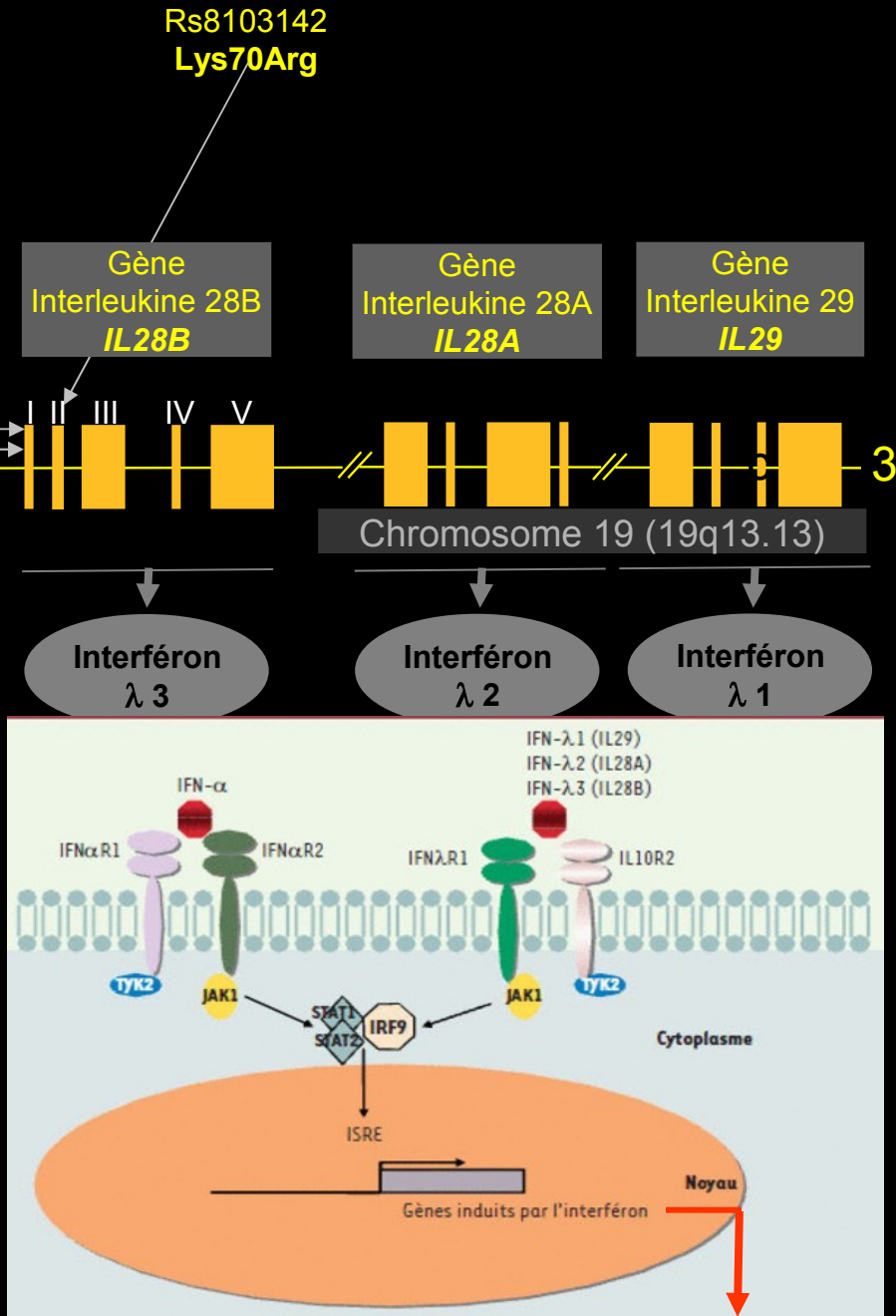
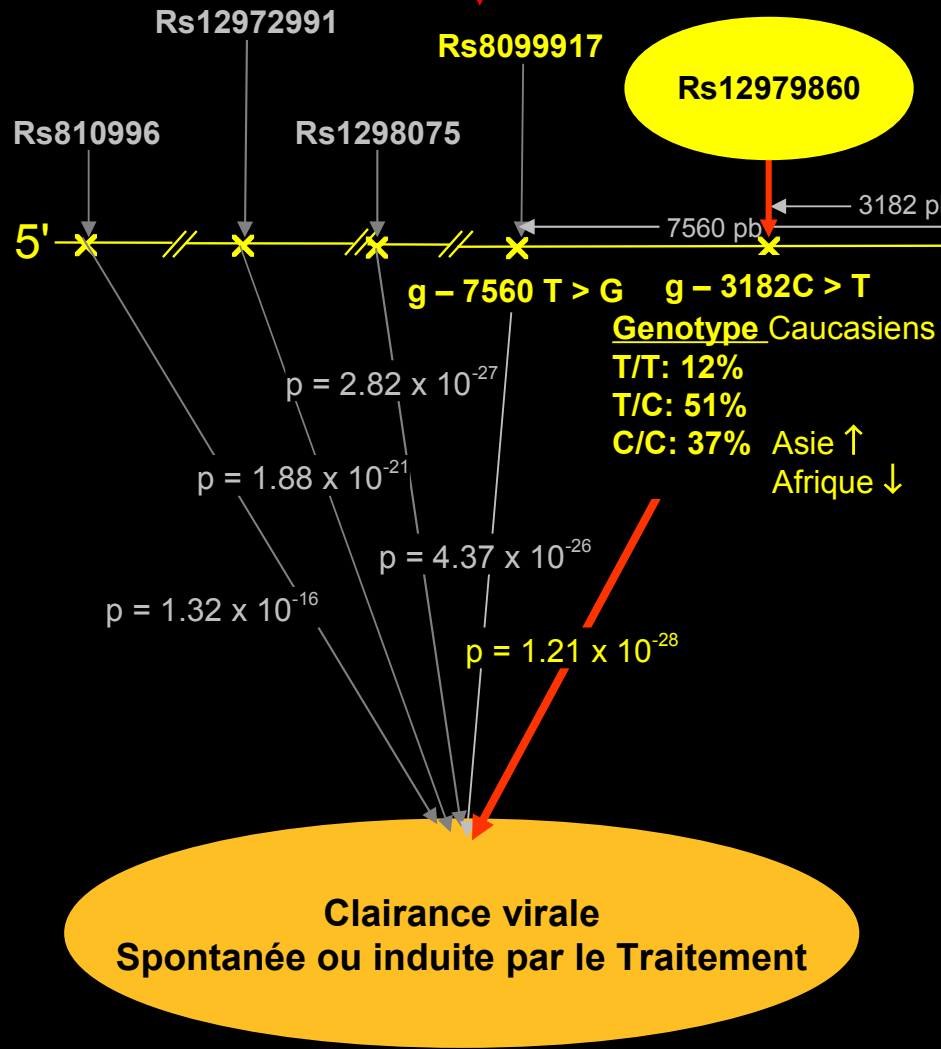
# RVS

Réponse Virale Soutenue

# Genome Wide Association Studies (GWAS)

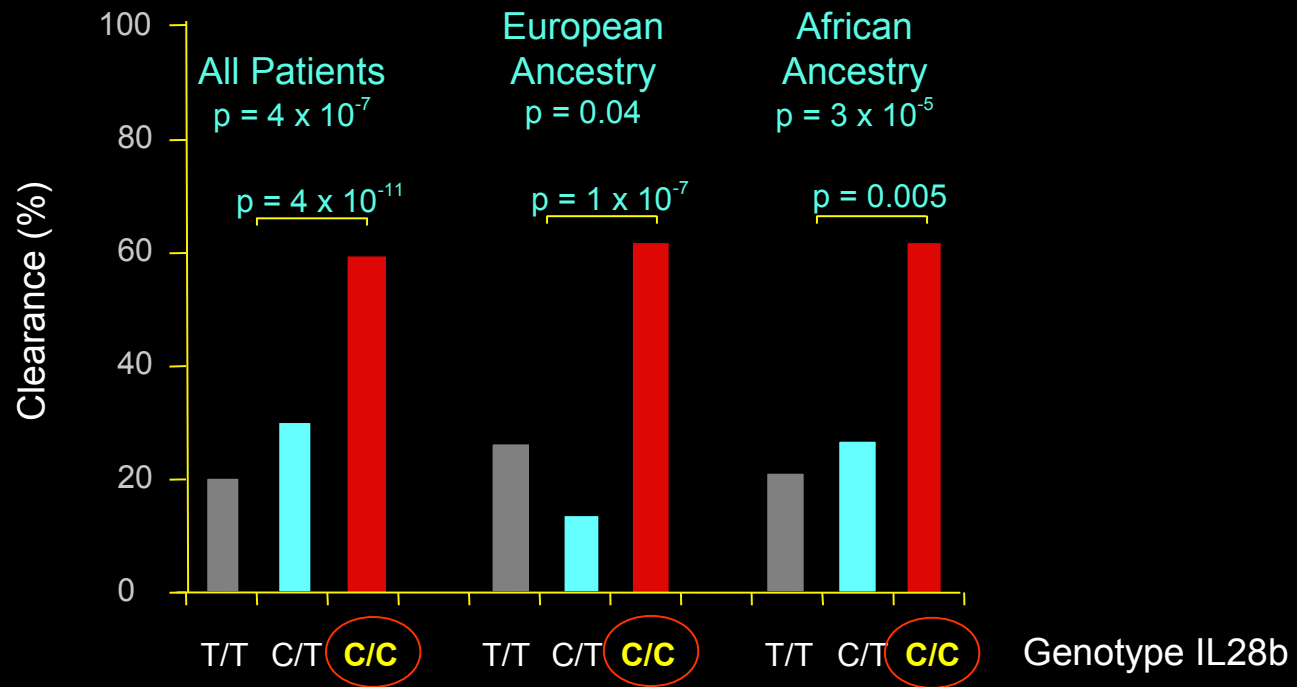
- 1 - Ge D et al., Nature 2009; 461 : 391–401.
- 2 - Tanaka Y et al., Nat Genet 2009; 41 : 1105–9.
- 3 - Suppiah V et al., Nat Genet 2009; 41 : 1100–4.
- 4 - Rauch A et al., Gastroenterology. 2010; 138 : 1338-45.

Caucasian, African-American, Hispanic, Japanese  
HCV genotype 1

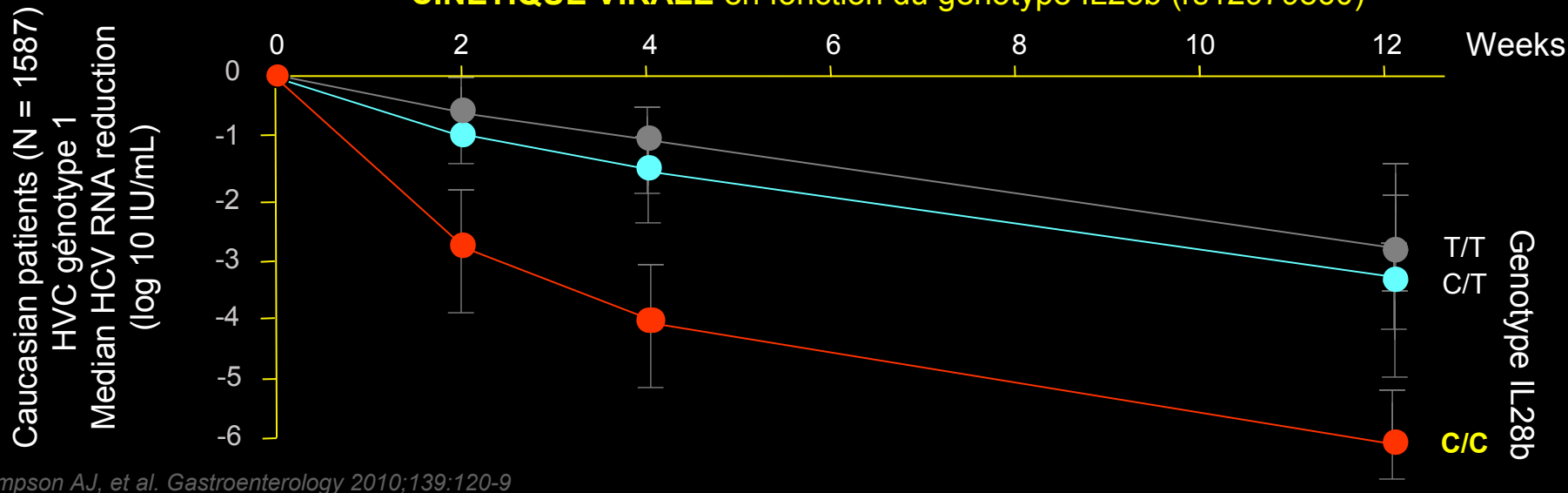


**Réponse anti virale**

## Influence du génotype IL28b (rs12979860) sur la CLAIRANCE SPONTANÉE du VHC

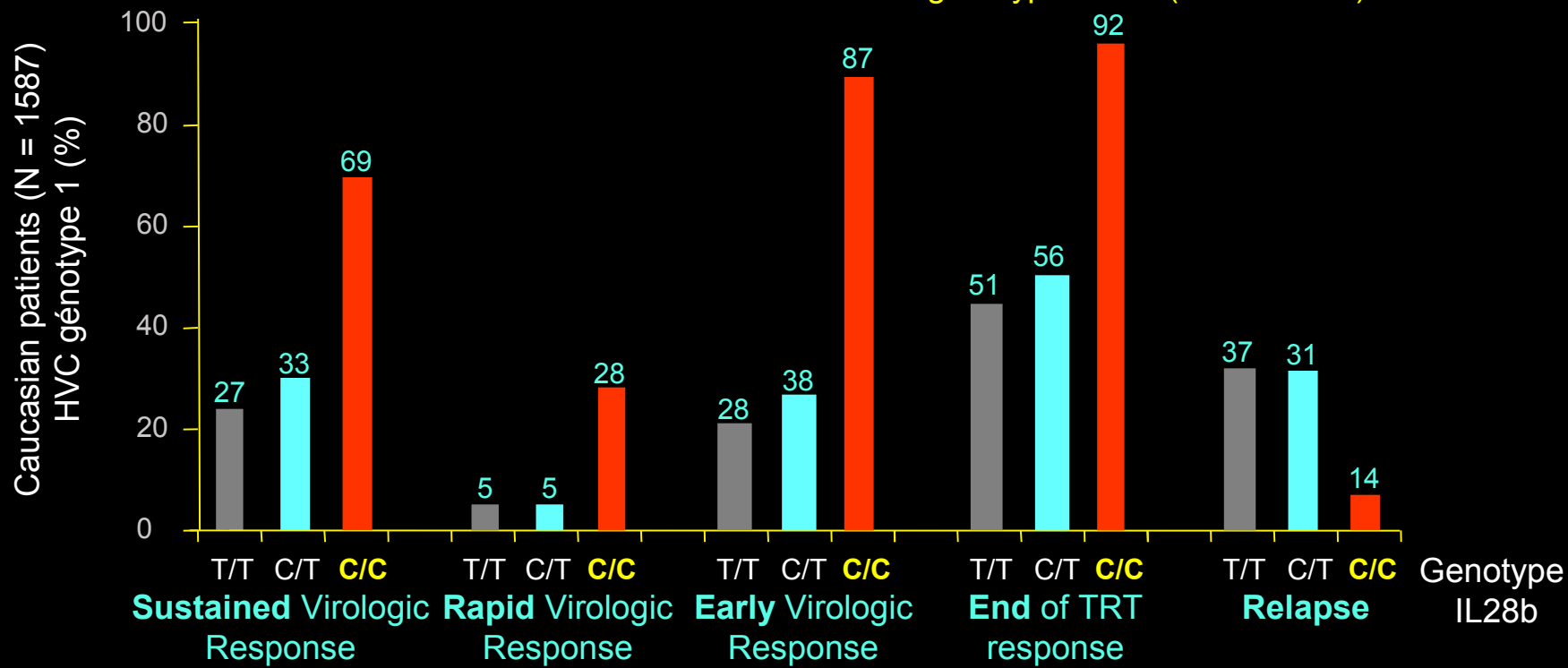


## CINETIQUE VIRALE en fonction du génotype IL28b (rs12979860)



Thompson AJ, et al. Gastroenterology 2010;139:120-9

## REPONSE VIROLOGIQUE en fonction du génotype IL28b (rs12979860)



Le génotype IL28b est le meilleur facteur prédictif préthérapeutique de RVS chez les patients ayant une hépatite C de génotype 1

**FACTEURS PRETHERAPEUTIQUES** associés à la RVS (analyse multivariée)

	<b>Odds Ratio</b>	<b>IC 95%</b>	<b>P</b>
<b>Genotype C/C vs non-C/C (rs12979860)</b>	<b>5.2</b>	<b>4.1 – 6.7</b>	<b>&lt; 0.0001</b>
Charge viral < vs > 600 000 UI/ml	3.1	2.3 - 4.1	< 0.0001
Caucasiens vs afro-américains	2.8	2.0 – 4.0	< 0.0001
Hispaniques vs afro-américains	2.1	1.3 – 3.6	0.004
METAVIR F012 vs F3F4	2.7	1.8 – 4.0	< 0.0001
Glycémie à jeun < vs > 5.6 mmol/l	1.7	1.3 – 2.2	< 0.0001

Des études prospectives sont encore nécessaires pour qu'il soit inclus définitivement aux recommandations thérapeutiques

# Influence du génotype IL28B dans les nouvelles stratégies thérapeutiques DAA (Directly acting antiviral agent)

## Arrivée des DAA

**A ajouter à la bithérapie standard pour limiter l'apparition de résistance**

Inhibiteurs des protéases NS3-4A du HCV (telaprevir et boceprevir)

Inhibiteurs de la polymérase NS5B du HCV

Inhibiteurs NS5A du HCV

Inhibiteur de la cyclophilin A Debio-025 (alisporivir)

.....

## Ajout d'un inhibiteur de protéase n'est pas sans problèmes additionnels

Coût supplémentaire

Effets indésirables      Fatigue, fièvre, maux de tête, nausée, anémie,  
mauvais dysgueusie, rash cutané...

Virus résistance

**Sustained Viral Responses by *IL28B* genotype (rs12979860)  
SPRINT-2 and RESPOND-2 phase 3 trials of BOCEPREVIR**

**Trial cohort SPRINT – 2**

**Treatment - naïve patients**

HCV Genotype 1 infection  
N = 1097

**Sustained Virological Response (SVR)**

Undetectable virus level 24 weeks after the end of treatment\_

**Overall                      C/C                      C/T                      T/T**

**Control**

**pegIFN/ribavirin (48 weeks)**

**38%                      78%                      28%                      27%**

**pegIFN/ribavirin + Boceprevir**

Response Guided Therapy (stop 28 weeks)

**63%                      82%                      65%                      55%**

**pegIFN/ribavirin (4 weeks) followed by**

**pegIFN/ribavirin/Boceprevir (44 weeks)**

**66%                      80%                      71%                      59%**

**Trial cohort RESPOND - 2**

**Prior therapy failed with pegIFN/ribavirin**

HCV Genotype 1 infection  
N = 403

**Sustained Virological Response (SVR)**

Undetectable virus level 24 weeks after the end of treatment\_

**Overall                      C/C                      C/T                      T/T**

**Control**

**pegIFN/ribavirin (48 weeks)**

**21%                      46%                      17%                      50%**

**pegIFN/ribavirin + Boceprevir**

Response Guided Therapy (stop 36 weeks)

**59%                      79%                      61%                      55%**

**pegIFN/ribavirin (4 weeks) followed by**

**pegIFN/ribavirin/Boceprevir (44 weeks)**

**66%                      77%                      73%                      72%**

**Sustained Viral Responses by *IL28B* genotype (rs12979860)  
ADVANCE and REALIZE phase 3 trials of TELAPREVIR**

**Trial cohort ADVANCE**

**Treatment - naïve patients**

HCV Genotype 1 infection  
N = 454

**Sustained Virological Response (SVR)**

Undetectable virus level 24 weeks after the end of treatment\_

	<b>Overall</b>	<b>C/C</b>	<b>C/T</b>	<b>T/T</b>
<b>Control</b> <b>pegIFN/ribavirin</b> (48 weeks)	38%	64%	25%	23%
<b>Telaprevir + pegIFN/ribavirin</b> Response Guided Treatment (stop 24 weeks)	78%	90%	71%	73%
<b>Telaprevir + pegIFN/ribavirin</b> (8 weeks) Followed by <b>pegIFN/ribavirin</b> (40 weeks)	67%	87%	58%	59%

**Trial cohort REALIZE**

**Prior therapy failed with pegIFN/ribavirin**

HCV Genotype 1 infection  
N = 527

**Sustained Virological Response (SVR)**

Undetectable virus level 24 weeks after the end of treatment\_

	<b>Overall</b>	<b>C/C</b>	<b>C/T</b>	<b>T/T</b>
<b>Control</b> <b>pegIFN/ribavirin</b> (48 weeks)	-	29%	16%	13%
<b>Telaprevir + pegIFN/ribavirin</b> (12 weeks) Followed by <b>pegIFN/ribavirin</b> (36 weeks)	-	79%	60%	61%



## Influence du génotype IL28b sur d'autres DAA

Inhibiteur de protéase TMC 435 + pegIFN/ribavirin → Influence  $\pm 0$   
Inhibiteur de polymérase PSI-7977 + pegIFN/ribavirin → Influence  $\pm 0$   
Inhibiteur de polymérase ANA598 + pegIFN/ribavirin → Influence +++



Influence variable  
selon le DAA

# TREATMENT ALGORITHM

## HCV Genotype 1 (and 4) infection

IL28b variations are strongly associated with SVR

IL28b Rs12979860  
C/C

Naïve Patients

IL28b Rs12979860  
C/T or T/T

- pegIFN/ribavirin  
24 - 48 weeks (individualized duration)

Benefit and Response-guided approach  
during triple-therapy is unclear

- Postponement of therapy
- pegIFN/ribavirin + telaprevir / boceprevir  
24 weeks if extended RVR (eRVR)  
48 weeks if no eRVR
- pegIFN/ribavirin (48-72 weeks)  
If contraindication to triple therapy

Prior null responders to standard therapy

Quadruple therapy or DAA agents with a higher genetic barrier  
to resistance (pegIFN/ribavirin + NS5B/cyclophilin inhibitor)

## HCV Genotype 2 & 3 infection

IL28b variations are only weakly associated with SVR

IL28b Rs12979860  
C/C

IL28b Rs12979860  
C/T or T/T

- Whether a good response genotype may be an argument of shortened TRT duration (eg 12 weeks) is unclear
- A poor response IL28b genotype might indicate a need for prolonged therapy of 48 wks in patients who do not attain an RVR

## Ajout d'un inhibiteur d'un DAA n'est pas sans:

Coût supplémentaire

Effets indésirables      Fatigue, fièvre, maux de tête, nausée, anémie,  
mauvais dysgeusie, rash cutané...

Virus résistance risquant de compromettre les options thérapeutiques futures

## Autres facteurs:

Facteurs individuels (âge, ethnie...)

Facteurs de co-morbidité

Degré de fibrose hépatique

Facteurs viraux (charge virale initiale, évolution de la charge virale au cours du Trt...)

Nouveaux facteurs prédictif : Déficit en vitamine D,

Taux sérique d'Interferon gamma-inducible protein-10 (IP-10),

Resistance à la stéatose/insuline....

Autres facteurs génétiques: Natural killer (NK) cell receptor KIR2DL3 et de son ligand

Human leukocyte antigen C group 1 (HLA-C1)

ITPA, UGT1A1, CYP27B1...

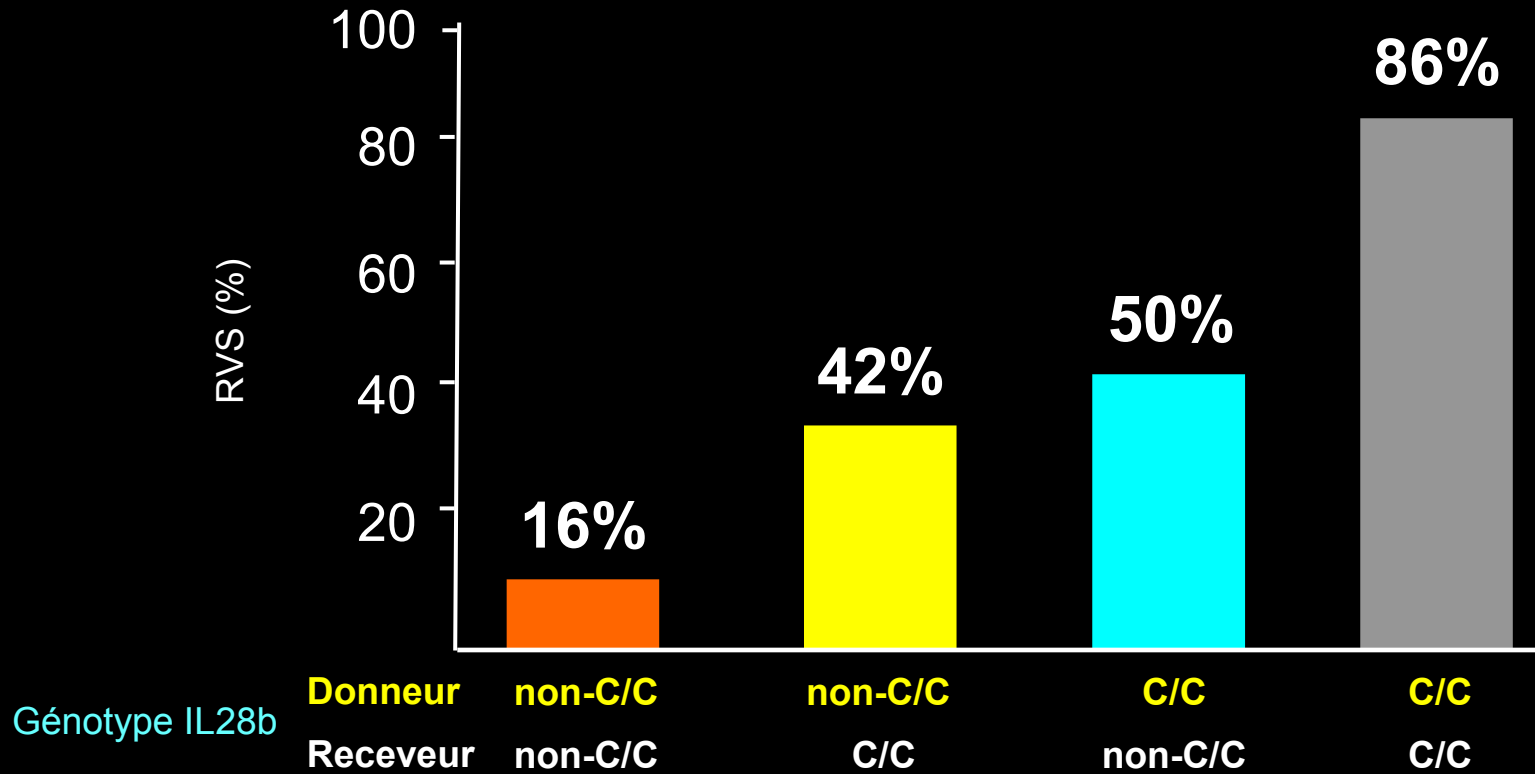
Programme de prédiction prenant en considération de nombreux facteurs de variabilité: <http://ideasydesarrollo.com/fundacion/prometheusindex.php?lang=ing>

Autres:                      Patient demand for shorter duration, less toxic regimen  
Public health equity

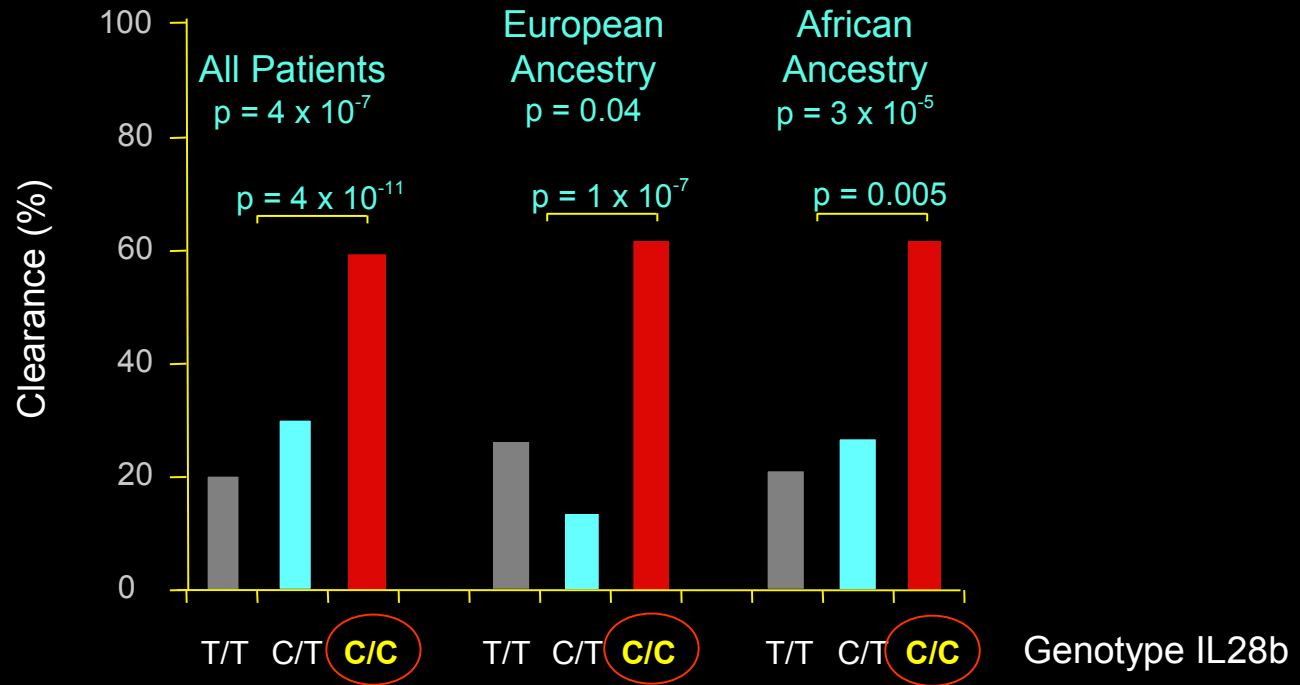


# Impact du polymorphisme de L'IL28B sur réponse au traitement après transplantation chez les patients infectés par le VHC

## RVS après transplantation



## Influence du génotype IL28b (rs12979860) sur la **CLAIRANCE SPONTANEE** du VHC



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## Characteristics of four pivotal GWAS on treatment-induced HCV clearance

	<b>Ge D et al.</b> <i>Nature</i> 2009; 461 : 391–401	<b>Tanaka Y et al.</b> <i>Nat Genet</i> 2009; 41 : 1105–9.	<b>Suppiah V et al.</b> <i>Nat Genet</i> 2009; 41 : 1100–4.	<b>Rauch A et al.</b> <i>Gastroenterology</i> 2010;138 : 1338-45.
Primary endpoint /	SVR vs non response	NVR vs VR (Non Virological Response, defined as less than 2 log <sub>10</sub> IU/ml decrease in HCV RNA at week 12)	SVR vs non response	SVR vs non response
Genotype	HCV 1	HCV 1	HCV 1	HCV 1, 2, 3, 4
Adherence control	Non-SVR patient excluded if <80% adherent	All patients excluded if < 80% adherent during the first 12 weeks	No specific adherence criteria	>80% adherent
Top SNP	rs12979860 OR (CC genotype, SVR): 2.0 (1.8-2.3) p = 1.06 x 10 <sup>-25</sup>	rs8099917 OR (G allele, NVR) 27.1 (CI 14.6-50.3) P = 2.68 x 10 <sup>-32</sup> (rs12979860 not genotyped)	rs8099917 OR (T allele, SVR) 1.98 (CI 1.6-2.5) p = 9.25 x 10 <sup>-9</sup> (rs12979860 not genotyped)	rs8099917 OR (G allele, no SVR): 5.19; 95% (CI, 2.90 – 9.30) p = 3.11 x 10 <sup>-8</sup> (Data for rs12979860 not presented)
Alleles	C / T CC = Good response CT, TT = Poor response	T / G TT = Good response GT, GG = Poor response	T / G TT = Good response GT, GG = Poor response	T / G TT = Good response GT, GG = Poor response
SVR According To IL28B genotype	SVR rates (Caucasians) (Afro Amer) CC = 82% CC = 53% CT = 42% CT, TT = 18% TT = 33%	SVR rates TT = 64% (125/194) GT = 13% (15/113), GG = 0% (0/5)	SVR rates 56 % vs 36% (T/T vs T/G, G/G)	SVR rates 74 % vs 50% (T/T vs T/G, G/G)
Cohort	n = 1137  North America (Caucasian, african-American, Hispanic)	Discovery phase n = 154 Validation phase n = 172  Japanese	Discovery phase n = 293 Validation phase n = 555  Australia / Northern Europe (Caucasian)	N = 465  Northern Europe (Caucasian)